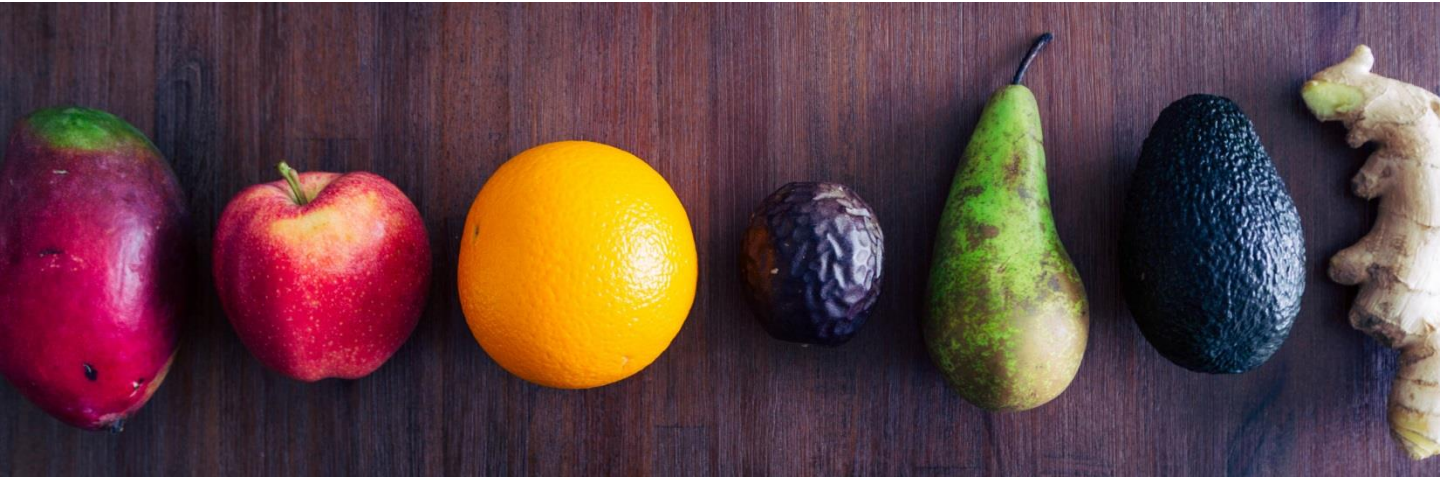




Smoothme

 **smooth__me**



Coconut Smoothie



- ½ cup of almond milk
- ½ cup of coconut milk
- 1 large, ripe pear
- 1 tbs of vanilla extract
- a pinch of powdered ginger
- top it with some desiccated coconut